

# The Warrior Weekly

Bethel Regional High School

Friday October 1, 2021

Bethel, Alaska







by Malinda Simon

Katherine Deem is a new teacher to BRHS. Ms. Deem teaches 7th grade language arts, and her students are learning about Greek Mythology. They are working on social media profiles. This is Ms. Deem's first year teaching. She likes teaching because she gets to interact with students and other teachers each day. Students like her class because she makes classwork fun, she is the best substitute teacher, and she is very kind.

#### Mr. Miner



Peter Miner teaches 7th grade Geography and junior high Career Explorations. In his Career Exploration class his students are working on building resumes, and in his geography class his students are working on physical map activities of Australia. His favorite thing about teaching is waiting out at the door drinking his coffee and saying good morning to students. This is his tenth year of teaching.

#### HS And JH BRHS Gym Classes Stay Active

by Joseph Jarrett

BRHS gym class includes running, soccer, hockey and lap game(baseball), they also do mile runs and pacer tests to see how much they have improved.

Mr. Jung and Mr. Leib teach high school and junior high school gym classes. The students seem to really like hockey this year, and they also enjoy soccer and the lap game. Lap game is a version of baseball with some things changed.

Gym class happens in The Warrior Dome all school year long. We are very fortunate to have a gym class this year, some students really enjoy and appreciate their time in the gym. Because students tend to take off their mask, it could easily be taken away. When the students do this they are reminded to keep their masks on.

Every Tuesday the students do a pacers test to see how much they improved from the week before. The test shows speed and stamina improvement. Every Thursday the students do mile runs and record their times; it shows them how much they have improved physically.

Mr. Jung has seen a lot of improvement as they move along into the school year. He stated, "Now that we're on week six, kids seem to be getting back in shape." This is a good thing because the gym class is working, it is putting the students back to shape and they get credits for it.

The boys' mile average time is between eight and nine minutes, and the girls have an average time of nine to ten minutes. Some of the top students are running seven minute miles, and that is very impressive. These are high school and junior high times.



Mr. Jung's students played hockey this week during gym class. Photo by Joseph Jarrett

### HS XC team run the pit

by Hilary Oscar



The HS cross country top ten runners from last weekend. Photos by Warrior Weekly Staff.

Last week September 25th, 2021 the High School cross country team and other villages ran the Pit Run.

Boys places: Landon Smith 3rd, Peter Crow 4th, Madden Cockroft 6th, Liam Phelan 7th, Sheldon Smith 9th, Charles Smith 11th, Ned Peters 12th, Paul Dyment 17th, Tyler Laraux 21st, Drini Pellumbi 24th, Gustoff Erickson 30th, Ethan Sparck 34th, and Daniel Jang 38th,

Girls places: Payton Boney 1st, Fiona Phelan 3rd, Katherine Small 8th, Maya Komulainen 10th, Jordan Klejka 12th, Cadence Cedars 14th, and Beth Hensley 21st place.

Coaches also honored the seniors last week at the ending of the high school race; they are some tough seniors who have made it this far and are finally going to be able to prove that. They have been through one roller coaster.



The HS cross country boys top ten runners from last weekend.

Fiona Phelan said, "I feel like I actually did really well, it was so cool to be in the front of the pack. The race was definitely the hardest race of the season. My favorite part of the race were the flat parts, there were way too many hills."

Madden Cockroft said, "The race was pretty hard, it was my first time running the Pit Race." The high school varsity cross country team are traveling to Kotzebue this weekend for their Regional Race, State Oualifier.



High School Cross Country Team--Class of 2022! From left: Beth Hensley, Cadence Cedars, Fiona Phelan, Alqaq Small, Charles Smith, Landon Smith, and Peter Crow.

# Mark your calendar for NYO this fall! from Coach Tommy Bayayok

volleyball, or wrestling.

For BRHS students in JH and HS, we will have a very short fall season. Those who have physicals, are vaccinated, and have all other activity/COVID forms turned in may participate. This will be for those not involved in XC running (state is the same weekend),

Practices will be in the cafeteria from 6:30 p.m. to 7:30 p.m. October 4-8, 11-14, and October 18-21. On October 22-23, they will compete with team Juneau at the GJ Virtual Meet. So, it is pretty much a 2-3 week season.

The JH XC team rushes to the finish line by Ambrea Jackson



BRHS JH cross country coaches Sara Guinn and Carolyn Iverson supporting their runners at the Pit. Below clockwise: Ashlynn Lonewolf, Steven Butte, Riley Boney, and Ethan Wheeler. Photos by Coach Guinn.

The Bethel JH cross country athletes ran in Bethel at the Larson Pit on September 25, and there was nine runners for BRHS.

There were six teams who raced: Bethel, Ayaprun Elitnaurvik, Scammon Bay, Akiuk, Kongiganak and Gladys Jung Elementary.

For the boys: 1st place 10:27 Mason Beans-Polk, 5th place 11:42 Ethan Wheeler, 6th place 11:46 Aidan Crow, 7th place 11:58 Steven Butte and 8th place 11:59 Kaysen Koutchak. For the girls: 4th place 12:49 Rose Dyment, 23rd place 16:37 Ashlynn Lonewolf, 26th place 17:06 Justine Erickson-Bradney and 31st place 17:04











Coach Iverson said, "The Pit Race was their final race of the year and I was very happy with the results! We had 9 kids stick out the season until the end. All 5 boys finished in the top 10 (both in the junior high category and in the overall race of grades 4-8) and our 4 girls made it to the top 10 of the junior high category.

The Pit Race is a grueling race running through loose sand and steep hills. I am proud of each student's performance. Their hard work, dedication and positive attitude in the week leading up to the race really helped them focus on their personal goals and finish with Warrior Pride! I can't wait to see what next year brings!"









BRHS JH cross country runners racing at the pit. Top: Justine Erickson-Bradney and Aidan Crow; middle: Mason Beans-Polk and Rose Dyment; Right: Kaysen Koutchak. Photos by Coach Guinn.



## BRHS swim team compete in Valdez

by Melissa Engebreth

Last Thursday afternoon the BRHS swim team traveled to Valdez to swim against other opponents.

BRHS swimmer Elenor Whitney said, "The first day of the competition was the best, we all beat our records. The second day was a little rough, but we all finished strong. Coach Calvetti put me in back to back competitions, and I was done swimming before Adeline even started! I was really impressed with Natalie. She didn't want to get in the pool for her 100 yard backstroke, but did and beat her time by five seconds! We did really well, I can't wait to compete in Fairbanks.

My favorite part of the trip was after the first meet when we had pizza from The Fat Mermaid and we went down to the docks."

	5		7					8
		3		5	4		7	
2		9	З			5		4
		5	1		2	4		
3	4							7
		1	4	3		9		5
		2					5	6
	3		6		5	8		2
5	9			2	3			

from <a href="https://www.pinterest.com/pin/264586546836248495/">https://www.pinterest.com/pin/264586546836248495/</a>



#### **Extra Photos!**

Below left: Cross Country Girls team. Below Right: Cross Country Boys team.

